



**THE ANIKA  
FOUNDATION  
Annual Report**

**2007 - 2008**

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## CHAIRMAN'S REPORT

On behalf of the board, I am delighted to present the Chairman's Report for 2007-08.

### The Anika Foundation Strategy

The aims of the Anika foundation are:

- To raise an endowment fund, the income of which is used to fund scholarships in the area of adolescent depression and suicide.
- To raise awareness in the community generally about the vastness of the issue.

The past year has been very successful for the Anika Foundation in achieving the above aims. The Board, encouraged by some of our corporate donors, decided to accelerate the provision of scholarships, i.e. to make more grants before the corpus of the Foundation was sufficient to fund them permanently from income. Two years ago we launched the Premier's Anika Foundation Youth Depression Awareness Scholarships, before they were fully funded (encouraged by one of our supporters, Tudor). With the public generosity for mental health issues rising significantly in recent years, and through the generous support of our new donors, these are now fully funded.

This year, encouraged by another corporate partner, we are launching The Macquarie Foundation PhD Scholarship in Adolescent Depression and Suicide, through the Anika Foundation. This scholarship is for 3 years, in the first instance, in which time the Board will need to raise the corpus significantly to ensure that its funding too can be put on a permanent basis (paid for out of income indefinitely into the future).

The reason the Board has taken these steps, is to achieve our two-pronged approach to making a difference in the area of adolescent depression and suicide: (i) identification and awareness, and (ii) diagnosis and treatment.

#### Youth Depression Awareness

The school scholarships are focused on the first part of the issue: **identification**. Schools are very much in the front line of the youth

depression issue, and quite often it is the case that friends of young people who suffer know much more than parents or teachers. The Anika Foundation scholarships are a highly-levered effective way to enhance the identification of depressed children in schools:

- They are advertised at every school in NSW.
- Successful applicants undertake a study tour (consistent with their winning proposals) to schools and institutions in other parts of the world with successful adolescent depression programs and expertise. The Department of Education and Training gives the winners 4 weeks leave on full pay, as a complement to the scholarship (this is at the discretion of school principals in the case of private schools).
- Successful applicants also benefit from a course at the Black Dog Institute.
- On their return, the findings from the study tour are published by the Department, and circulated to all schools in NSW.
- The scholars also gives seminars in other schools to share their experiences (ideas for which are encouraged in the application and selection process).

Other activities of the Foundation in the area of 'awareness' include speaking at schools and conferences on the subject of youth depression issues, publishing research on our website [www.anikafoundation.com](http://www.anikafoundation.com), and linking our website to other self-help groups.

#### Diagnosis and Treatment

While school teachers and counsellors are critical in the identification process (along with community programs like Beyond Blue, Reach Out, Depressionet, etc.), treatment is the other half of the story. This is very important, particularly for clinically depressed children (as opposed to those exhibiting strategic behaviour due to familial situations).



For example, prescribing serotonin uptake inhibitors and other drugs is to some extent a trial-and-error process. In the case of Anika, she was being taken down on one drug before beginning on a course in another. This is a very dangerous time. Indeed it was exactly in this period that Anika died. An example of an important research topic, therefore, is to better target medication, to reduce the randomness in the prescription process. There are numerous projects like this, of strong relevance to the treatment of adolescent depression and suicide.

### **Fund Raising Activities for the Year Ending 30 June 2008 included:**

#### **Friends and Colleagues**

We continued to get incredible support from friends and colleagues. In the past year we had personal donations of amounts up to \$10,000 from individuals, and also repeat donations from people who feel very strongly about the issue. In one case, the Board was pleased to notice that one young woman, a school friend of Anika, recommended the Foundation for her company's charitable donations program.

#### **Glenn Stevens' Speech on the Conduct of Monetary Policy**

On the 18th of July 2007 the Anika Foundation held its second annual fund raiser at which Glenn Stevens, Governor of the Reserve Bank (and Director of the Anika Foundation), spoke to financial market participants to raise money for the Foundation's work. This year the event was co-hosted by Macquarie Bank at Sydney's prestigious Westin Hotel, and of course, once again, by the Australian Business Economists (ABE).

Glenn's speech was entitled "The Asian Crisis: A Retrospective". He took the audience back through the events of 10 years ago, and drew lessons for policy making today. Questions in the Q&A session covered the Australian dollar, the forthcoming inquiry into lending standards in Australia, the implications of excessive saving in Asia, and many more. Participants certainly enjoyed the event and learned a lot

about current RBA thinking on policy in the Asian region.

The Board would like publicly to thank both Macquarie and the ABE for their strong support.

#### **Corporate Donations**

The Tudor Foundation once again supported the Anika Foundation, with a strong grant early in the year. Many companies also donated at Glenn Stevens' keynote event.

#### **Raising Community Awareness**

Further to raising money, the foundation focussed on raising awareness in the community.

Depression, self harm and the risk of suicide are such big issues for our young people, both in Australia and all around the world. Mission Australia's National Youth Survey results have once again shown that suicide and self-harm are amongst the most pressing issues for young Australians.

#### **The Premier's Anika Foundation Youth Depression Awareness Scholarships**

Over the past year the first Youth Depression Awareness Scholars for school counsellors and teachers were chosen and went abroad to complete their investigations. The feedback has been so positive, that the Board decided to renew its commitment to the program a number of years.

The Premier presented the awards to the winners and met with the sponsoring organisations. Jeff White (3<sup>rd</sup> from right back) and Danae Blundell-Wignall (2<sup>nd</sup> from right front) represented the Anika Foundation.

#### Scholarship presentation day, August 2007



2008, the second year of the scholarships, has seen 11 new and very strong proposals submitted, including a number from country high-schools. To our surprise, there were no applications (once again) from private schools. This is a concern, as youth depression awareness crosses all school boundaries. The selection panel met in June 2008 to choose the 3 new winners. Danae Blundell-Wignall and Jeff White once again represented The Anika Foundation on the panel. The winners will be announced in August 2008, and the scholarships will be awarded by the NSW Premier, Morris Iemma, at Government House.

#### [www.anikafoundation.com](http://www.anikafoundation.com)

The website is proving to be a huge success in raising the profile of the foundation on the topic of adolescent depression and suicide. In mid 2006 the site was averaging approximately 50 sessions per day. I am pleased to say that by June 2008 this rate has exceeded our expectations and more than doubled to 105 sessions per day. The Anika Foundation continues to rise sharply in its search engine rankings for key words and individual names.

The Board would like to take the opportunity here to stress that the scholarships are open to both government and private schools.



#### Momentum into 2008 - 2009

The third Glenn Stevens annual speech for the Anika Foundation should enable us to kick off the new financial year with a quick start. The event is to be held on 16 July 2008. This year the event is once again being co-sponsored by Macquarie Bank, who really does show the way in corporate interest in mental health and related youth issues.

I look forward to on-going success in 2008-2009. We hope to raise more money and, by so doing, enable our programs to be funded in a sustainable way. The next milestones for us are:

- To build our corpus from around \$900,000 currently to \$1.6million (another \$700,000) over the next 3 years.
- To look for other corporate partnerships that will enable us to extend our programs in this critically underfunded area of youth mental health.

Adrian Blundell-Wignall  
Chairman

## DIRECTOR'S REPORT

The directors present their annual report for The Anika Foundation, for the year ended 30 June 2008.

### Directors

The directors of the company any time during or since the end of the year are:

- Adrian Blundell-Wignall (chair)
- Glenn Stevens
- Prof. Philip Mitchell
- Crispin Murray
- Paul Brennan
- Jeffrey White
- Tate Dogan
- Danao Blundell-Wignall
- Tanya Bramshite, (corporate relations)

The company was set up on 13 March 2005.

Endorsed as a Deductible Gift Recipient by the Australian Tax Office on 12 May 2005, under Subdivision 30-B of the Income Tax Assessment Act 1997.

Endorsed for income tax exemption from 12 May 2005, under Subdivision 50-B of the Income Tax Assessment Act 1997.

Endorsed for GST concessions from 1 July 2005, under Division 176 of A New Tax System (Goods and Services Tax) Act 1999

NSW Dept of Gaming & Racing, authority to fundraise for charitable purposes, issued on 29 July 2005, and renewed from 29 July 2006.

### Principal Activity

The principal activity of the company over the course of the year was fund raising for an endowment fund, the income from which will support research into adolescent depression and suicide.

3 grants of \$10,000 were made in the course of 2007-2008, under the Premier's Anika

Foundation Youth Depression Awareness Scholarships scheme. The Foundation is committed to making grants in 2008-2009, for these school scholarships and a new PhD scholarship in partnership with Macquarie Foundation.

### Review of Operations

The operating income from ordinary activities was \$196,263.

The directors were delighted with the progress made during the third year of the Foundation.

### Significant changes in the State of Affairs

There were no significant changes in the state of affairs of the company that occurred during the year under review.

### Environmental Regulation

The company's operations are not regulated by any significant environmental regulation under a law of the Commonwealth or State legislation, which sets the minimum requirement the company must meet.

### Events Subsequent to the Balance Date

No other matters of circumstance have arisen since the end of the year which significantly affected or may significantly affect the operations of the company, the results of those operations, or the state of affairs of the company in future years.

### Likely Developments

The company expects the endowment fund raising activity to continue in the 2008-2009 financial year. We expect to make awards in the vicinity of \$65,000 in the course of 2008-2009.

#### **Dividends, Options Remuneration**

No common or preferred stocks have been issued.

All activities of the Foundation are voluntary. No remuneration was paid to directors.

#### **Indemnification and Insurance of Officers & Auditors**

No indemnities have been given or insurance premiums paid, during or since the end of the balance date year, for any person who is or has been an officer of the company.

#### **Proceedings on Behalf of the Company**

No person has applied for leave of Court to bring proceedings on behalf of the company or intervene in any proceedings to which the company is party for the purpose of taking responsibility on behalf of the company for all or any part of those proceedings. The company was not a party to any such proceedings during the year.

#### **Lead Auditor's Independence Under Section 307c of the Corporations Act 2001**

The lead auditor's independence declaration is set out on page 8 and forms part of the director's report for the year ended 30 June 2008.

Dated at Sydney at this 28<sup>th</sup> day of July 2008.

Signed in accordance with a resolution of the directors.

Adrian Blundell-Wignall  
Director and Chairman

*Lead Auditor's Independence Declaration under Section 307C of the Corporations Act 2001*

To: the directors of The Ataka Foundation

I declare that, to the best of my knowledge and belief, in relation to the audit for the financial year ended 30 June 2008 there have been:

- (i) no contraventions of the auditor independence requirements as set out in the Corporations Act 2001 in relation to the audit; and
- (ii) no contraventions of any applicable code of professional conduct in relation to the audit.



KPMG  
Peter Russell  
Partner  
Sydney

25 July 2008



## INCOME STATEMENT

	Note	2008 \$	2007 \$
For the year ended 30 June 2008			
Revenue from continuing operations	3	261,403	450,173
Scholarships		(65,000)	-
Net loss from financial assets		(5,353)	-
Other expenses from operating activities		(140)	-
Profit for the year		<u>190,910</u>	<u>450,173</u>
Total changes in equity from non-owner related transactions	8	<u>190,910</u>	<u>450,173</u>

The income statement is to be read in conjunction with the notes to the financial statements set out on the following pages.

## BALANCE SHEET

	Note	2008 \$	2007 \$
As at 30 June 2008			
Current Assets			
Cash and cash equivalents	10	727,185	490,044
Available for sale securities	4	<u>178,425</u>	<u>205,718</u>
Total Current Assets		<u>905,610</u>	<u>695,762</u>
Total Assets		<u>905,610</u>	<u>695,762</u>
Current liabilities			
Unearned income	6&7	6,600	-
Payables	6	<u>35,000</u>	<u>-</u>
Total Current liabilities		<u>41,600</u>	<u>-</u>
Total Liabilities		<u>41,600</u>	<u>-</u>
Net Assets		<u>864,010</u>	<u>695,762</u>
Fair value reserve		(212)	22,450
Retained earnings	8	<u>860,578</u>	<u>673,312</u>
Total Equity		<u>864,010</u>	<u>695,762</u>

The balance sheet is to be read in conjunction with the notes to the financial statements set out on the following pages.

## STATEMENT OF RECOGNISED INCOME AND EXPENSE

	Note	2008 \$	2007 \$
For the year ended 30 June 2008			
Change in fair value of available for sale securities		(22,062)	22,257
Net (loss) / income recognized directly in equity		(22,062)	22,257
Profit for the year		190,910	450,173
Total recognised income and expense for the year		<u>168,248</u>	<u>472,430</u>

The statement of recognised income and expense is to be read in conjunction with the notes to the financial statements set out on the following pages.

## STATEMENT OF CASH FLOWS

	Note	2008 \$	2007 \$
For the year ended 30 June 2008			
Cash from operating activities			
Cash receipts in the course of operations		253,247	414,050
Scholarships paid		(65,000)	-
Interest received		38,398	22,439
Dividends received		10,842	5,136
Other income received		376	1,053
Net cash from operating activities	10b	<u>237,863</u>	<u>442,677</u>
Net cash flows from investment activities			
Increase in available for sale securities		(722)	(130,462)
Net cash used in investment activities		<u>(722)</u>	<u>(130,462)</u>
Net increase in cash and cash equivalents		237,141	312,216
Cash and cash equivalents at the beginning of the year		400,044	177,828
Cash and cash equivalents at the end of the year	10a	<u>727,185</u>	<u>490,044</u>

The statement of cash flows is to be read in conjunction with the notes to the financial statements set out on the following pages.

## Notes to the financial statements for the year ended 30 June 2008

### Note 1: Reporting entity

The Anika Foundation (the 'company') is a company domiciled in Australia. The address of the company's registered office is 56 Ballast Point Rd, Birchgrove, NSW (2041).

### Note 2: Basis of preparation and significant accounting policies

#### a) Basis of preparation

The financial report is a general purpose financial report which has been prepared in accordance with Australian Accounting Standards (AASBs) (including Australian Interpretations) adopted by the Australian Accounting Standards Board (AASB) and the Corporations Act 2001. The financial report comply with International Financial Reporting Standards (IFRSs) and interpretations adopted by the International Accounting Standards Board (IASB).

The financial report was authorised for issue by the directors on 28th July 2008.

#### b) Revenue recognition

Revenues are recognised at fair value of the consideration received.

#### c) Interest revenue

Interest revenue is recognised in the income statement using the effective yield method on the financial asset.

#### d) Taxation

No provision for income tax has been raised as the company is exempt from income tax under Division 50 of the Income Tax Assessment Act 1997.

#### e) Cash assets

Cash assets are carried at face value of the amounts deposited or drawn.

#### f) Payables

Liabilities are recognised for amounts to be paid in the future for goods or services rendered. Trade accounts payable are normally settled within 30 days. The carrying amount of accounts payable approximates net fair value.

#### g) Financial instruments - Available-for-sale financial assets

The company's investments in equity securities are classified as available-for-sale financial assets. Subsequent to initial recognition, they are measured at fair value and changes therein, other than impairment losses, and foreign exchange gains and losses on available-for-sale monetary items, are recognised directly in a separate component of equity. When an investment is derecognised, the cumulative gain or loss in equity is transferred to profit or loss.

#### (h) Functional and presentation currency

These financial statements are presented in Australian dollars, which is the company's functional currency.



## Notes to the financial statements for the year ended 30 June 2008 (Continued)

### Note 3: Revenue

	2008	2007
	\$	\$
Revenue from continuing activities		
Donations	211,647	415,103
Interest	36,398	22,439
Dividends	10,842	5,138
Other	516	7,495
Total revenue from continuing activities	<u>261,403</u>	<u>450,175</u>

### Note 4: Available for sale securities

	2008	2007
	\$	\$
Available for sale securities - at fair value	<u>178,425</u>	<u>205,718</u>

### Note 5: Auditors' Remuneration

	2008	2007
	\$	\$
Audit of financial report	<u>-</u>	<u>-</u>

The auditors have completed the audit without charge to the foundation.

### Note 6: Payables

	2008	2007
	\$	\$
Unearned income	6,600	-
Payables	35,000	-
	<u>41,600</u>	<u>-</u>

Payables equate to funds due to UNSW for Macquarie scholarship.

### Note 7: Unearned income

The annual fundraiser was held on 16 July 2008, but some cash receipts were collected prior to 30 June 2008. If the function had been cancelled, the money would have had to be returned.

### Note 8: Retained profits

	2008	2007
	\$	\$
Retained profit at the beginning of the year	673,312	223,139
Net profit for the year	150,910	450,173
Effect of derecognition of financial assets in the profit for the year	5,353	-
Retained profit at the end of the year	<u>860,575</u>	<u>673,312</u>



## Notes to the financial statements for the year ended 30 June 2008 (Continued)

### Note 9: Total equity reconciliation

	2008 \$	2007 \$
Equity at the beginning of the year	695,762	223,332
Changes in fair value of available for sale securities	(22,662)	22,257
Total changes in equity recognised in the income statement	190,910	450,173
Total equity at the end of the year	<u>864,010</u>	<u>695,762</u>

### Note 10: Notes to the statement of cash flows

	2008 \$	2007 \$
a) Reconciliation of cash		
For the purposes of statement of cash flows, cash includes cash on hand and at bank and short-term deposits at call. Cash as at the end of the year as shown in the statement of cash flows is reconciled to the related items in the statement of financial position as follows:		
Cash at bank	727,165	490,044
b) Reconciliation of cash flow from operations with profit for the year:		
Profit for the year	190,910	450,173
Adjustments for:		
Net loss on financial assets	5,353	-
Decrease in receivables	-	163
Decrease in dividend receivable	-	288
Increase/(decrease) in payables	41,600	(9,000)
Other	-	1,053
Net cash provided by operating activities	<u>237,863</u>	<u>442,677</u>

### Note 11: Directors Remuneration

The Directors did not receive any income from the company or related parties for their office during the year.

The names of directors who have held office during the year are:

Adrian Blundell-Wignall (chair)  
 Glenn Stevens  
 Prof. Phillip Mitchell  
 Crispin Murray  
 Paul Brennan  
 Tate Dogan  
 Danae Blundell-Wignall  
 Jeffrey White  
 Tanya Branwhite (corporate relations)

The directors are limited by guarantee to a maximum of AU\$10 each.



## Director's Declaration

In the opinion of the Directors of The Anika Foundation:

(a) the financial statements and notes, set out on pages 8 to 12, are in accordance with the Corporations Act 2001, including:

- (i) giving a true and fair view of the financial position of the company as at 30 June 2008 and of its performance, for the year ended on that date;
- (ii) complying with Australian Accounting Standards and the Corporations Regulations 2001.

(b) the financial report also complies with International Financial Reporting Standards as disclosed in Note 2, and

(c) there are reasonable grounds to believe that the company will be able to pay its debts as and when they become due and payable.

Dated at Sydney this 28th day of July 2008.

Signed in accordance with a resolution of the directors.

Director



## **Independent auditor's report to the members of The Anika Foundation**

We have audited the accompanying financial report of The Anika Foundation for the financial year ended 30 June 2008, which comprises the balance sheet as at 30 June 2008 and the income statement, statement of recognised income and expense and cash flow statement for the year then ended, a summary of significant accounting policies, other explanatory notes and the directors' declaration set out on pages 8 to 13.

### *Directors' responsibility for the financial report*

The directors of the Company are responsible for the preparation and fair presentation of the financial report in accordance with Australian Accounting Standards (including the Australian Accounting Interpretations) and the Corporations Act 2001. This responsibility also includes establishing and maintaining internal control relevant to the preparation and fair presentation of the financial report that is free from material misstatement, whether due to fraud or error; selecting and applying appropriate accounting policies; and making accounting estimates that are reasonable in the circumstances. In note 2, the directors also state, in accordance with Australian Accounting Standard AASB 101 *Presentation of Financial Statements*, that the financial report, comprising the financial statements and notes, complies with International Financial Reporting Standards.

### *Auditor's responsibility*

Our responsibility is to express an opinion on the financial report based on our audit. We conducted our audit in accordance with Australian Auditing Standards. These Auditing Standards require that we comply with relevant ethical requirements relating to audit engagements and plan and perform the audit to obtain reasonable assurance whether the financial report is free from material misstatement.

An audit involves performing procedures to obtain audit evidence about the amounts and disclosures in the financial report. The procedures selected depend on the auditor's judgement, including the assessment of the risks of material misstatement of the financial report, whether due to fraud or error. In making those risk assessments, the auditor considers internal control relevant to the entity's preparation and fair presentation of the financial report in order to design audit procedures that are appropriate in the circumstances, but not for the purpose of expressing an opinion on the effectiveness of the entity's internal control. An audit also includes evaluating the appropriateness of accounting policies used and the reasonableness of accounting estimates made by the directors, as well as evaluating the overall presentation of the financial report.

We performed the procedures to assess whether in all material respects the financial report presents fairly, in accordance with the Corporations Act 2001 and Australian Accounting Standards (including the Australian Accounting Interpretations), a view which is consistent with our understanding of the Company's financial position and of its performance.

In addition, our audit report has also been prepared for the members of the company in accordance with Section 24(2) of the Charitable Fundraising (NSW) Act 1991. Accordingly we have performed additional work beyond that which is performed in our capacity as auditors pursuant to the Corporations Act 2001. These additional procedures included obtaining an understanding of the internal control structure for fundraising appeal activities and examination, on a test basis, of evidence supporting compliance with the accounting and associated record

keeping requirements for fundraising appeal activities pursuant to the Charitable Fundraising (NSW) Act 1991 and Regulations.

It should be noted that the accounting records and data relied upon for reporting on fundraising appeal activities are not continuously audited and do not necessarily reflect after the event accounting adjustments and the normal year end financial adjustments for such matters as accruals, prepayments, provisioning and valuations necessary for year end financial report preparation.

We believe that the audit evidence we have obtained is sufficient and appropriate to provide a basis for our audit opinion.

*Basis for qualified auditor's opinion*

Fundraising revenue is a significant source of revenue for The Anika Foundation. The Anika Foundation has determined that it is impracticable to establish controls over the collection of fundraising revenue prior to entry into its financial records. Accordingly, as the evidence available to us regarding revenue from this source was limited, our audit procedures with respect to fundraising revenue had to be restricted to the amounts recorded in the financial records. We therefore are unable to express an opinion whether the fundraising revenue The Anika Foundation obtained is complete.

In respect of the qualification however, based on our understanding of the internal controls, nothing has come to our attention which would cause us to believe that the internal controls over revenue from fundraising appeal activities by the company are not appropriate given the size and nature of the company.

*Qualified auditor's opinion pursuant to the Corporations Act 2001*

In our opinion, except for the effects on the financial report of such adjustments, if any, as might have been required had the limitation referred to in the qualification paragraph not existed, the financial report of The Anika Foundation is in accordance with:

- a) the Corporations Act 2001, including:
  - i. giving a true and fair view of the company's financial position as at 30 June 2008 and of its performance for the year ended on that date; and
  - ii. complying Australian Accounting Standards and the Corporations Regulations 2001; and
- b) the financial report also complies with International Financial Reporting Standards as disclosed in note 2.

*Qualified audit opinion pursuant to the Charitable Fundraising (NSW) Act 1991*

In our opinion, except for the effects on the financial report of such adjustments, if any, as might have been required had the limitation referred to in the qualification paragraph not existed:



- a) the financial report gives a true and fair view of the financial result of fundraising appeal activities for the financial year ended 30 June 2008;
- b) the financial report has been properly drawn up, and the associated records have been properly kept for the period from 1 July 2007 to 30 June 2008, in accordance with the Charitable Fundraising (NSW) Act 1991 and Regulations;
- c) money received as a result of fundraising appeal activities conducted during the period from 1 July 2007 to 30 June 2008 has been properly accounted for and applied in accordance with the Charitable Fundraising (NSW) Act 1991 and Regulations; and
- d) there are reasonable grounds to believe that The Arika Foundation will be able to pay its debts as and when they fall due.



KPMG



Peter Russell  
Partner

Sydney  
NSW (2000)

28 July 2008